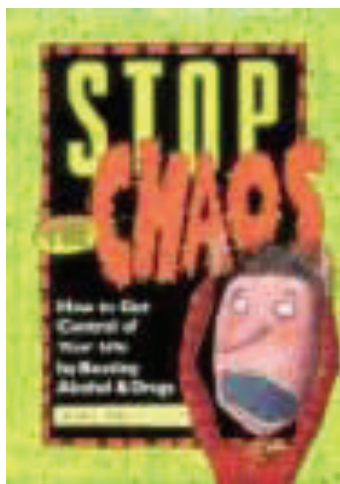


## Substance Abuse Treatment



Making the decision to seek help for drug or alcohol problems (or to maintain your sobriety once you have stopped using) is one of the most powerful things you can do to work towards changing your life. Of course, it can also be the hardest decision to make. There are always a million reasons why you shouldn't do it. Maybe you feel like you're not that bad or that you can quit it on your own. Take a minute to really think about why it's a good idea.

### Helpful Hints:

In this section, you'll find resources that will be able to answer your questions and point you in the right direction. If you think you might benefit from this kind of help, then get on the phone and take that first step. Remember, no one can make this choice for you. Don't let something like addiction get in the way of you living your life and staying out of jail.

Things to think about and what to expect:

- Each and every individual that walks through the door of a clinic or enters a program is unique. The alcohol and drug rehab center will help you find the path and motivation to embrace recovery.
- There are several different types of treatment programs to consider. Talk to people, be honest, and make sure you find the one that's right for you.
- When it comes time to locate the best drug or alcohol rehab centers for you, agencies or other health professionals will point you in the right direction.
- Addressing the mental struggles you face with addiction is your best chance at success. It is the goal of rehab centers to make sure you have the tools and strength needed to resist temptation and face the threat of relapse and stay out of jail.
- Ask a lot of questions. You're not alone.

# *Substance Abuse Treatment*

LA County Drug Treatment Referrals: 1-800-564-6600

Offers referrals to county-funded treatment programs

## ***Community Assessment Service Centers***

(referrals to drug treatment programs and other social services)

### **BHS EAST L.A.**

Website: [www.bhs-inc.org](http://www.bhs-inc.org)

Location: 3421 E. Olympic Blvd.

Los Angeles, CA 90023

Phone: 323-262-1786

Fax: 323-262-2659

Email: [caragon@bhs-inc.org](mailto:caragon@bhs-inc.org)

### **BHS HOLLYWOOD**

Website: [www.bhs-inc.org](http://www.bhs-inc.org)

Location: 6838 W. Sunset Blvd.

Hollywood, CA 90028

Phone: 323-461-3161

Fax: 323-461-5683

### **DIDI HIRSCH CMHC**

Website: [www.didihirsch.org](http://www.didihirsch.org)

Location: 11133 Washington Blvd.

Culver City, CA 90230

Phone: 310-895-2339

Fax: 310-895-2395

### **HOMELESS HEALTH CARE**

Website: [www.hhcla.org](http://www.hhcla.org)

Location: 2330 Beverly Blvd.

Los Angeles, CA 90057

Phone: 213-342-3114

Fax: 213-342-3124

### **HOMELESS OUTREACH INTEGRATED CARE SYSTEM-L.A.**

Website: [www.hopics.org](http://www.hopics.org)

Location: 5715 S. Broadway Ave.

Los Angeles, CA 90037

Phone: 323-948-0444 x 133

Fax: 323-948-0443

## *Substance Abuse Treatment*

### **PROTOTYPE-PASADENA**

Website: [www.prototypes.org](http://www.prototypes.org)  
Location: 2555 Colorado Blvd., Suite 308  
Pasadena, CA 91107  
Phone: 626-449-2433  
Fax: 626-449-2665

### **PROTOTYPE-POMONA**

Website: [www.prototypes.org](http://www.prototypes.org)  
Location: 172 West Willow St.  
Pomona, CA 91768  
Phone: 909-623-4131  
Fax: 909-623-3101

### **SAN FERNANDO VALLEY CMHC**

Website: [www.sfvcmhc.org](http://www.sfvcmhc.org)  
Location: 2151 E. Palmdale Blvd.  
Palmdale, CA 93550  
Phone: 661-266-4517  
Fax: 661-266-9176

### **SAN FERNANDO VALLEY CMHC**

Website: [www.sfvcmhc.org](http://www.sfvcmhc.org)  
Location: 5935 Van Nuys Blvd.  
Van Nuys, CA 91401  
Phone: 818-285-1900  
Fax: 818-285-1906

### **SHIELDS FOR FAMILIES**

Website: [www.shieldsforfamilies.org](http://www.shieldsforfamilies.org)  
Location: 12714 S. Avalon Blvd. Suite 300  
Los Angeles, CA 90061  
Phone: 323-242-5000  
Fax: 323-777-0375

### **1-800-RELAPSE**

Website: [www.health.org](http://www.health.org)  
Hours: 24 hrs.  
Phone: 800-729-6686; Spanish: 877-767-8432  
General Description: Offers info and referral to substance abuse programs.

## ***Substance Abuse Treatment***

### **ACTON REHABILITATION CENTER**

Location: 30500 Arrastre Canyon Road

Acton CA 93510

(661) 269-0062 ext. 223

(661) 269-0062 ext. 262

(661) 269-0062x263

General Description: LA County Department Health Services Residential short-term Substance abuse treatment (30 days or less), Residential Substance abuse long-term treatment (more than 30 days). Accept persons with co-occurring mental and substance abuse disorders, women, and men.

### **ADDICTION INTERVENTION RESOURCES (AIR)**

Website: [www.addictionintervention.com](http://www.addictionintervention.com)

Location: 11601 Wilshire Blvd.

5th Floor

Los Angeles, CA 90019

Phone: 800-561-8158

General Description: AIR is a national organization of professional intervention specialists, counselors and consultants that provide fast and effective crisis management services through a proven protocol of education, action and healing. One phone call to AIR will put in place the proper resources to dissolve the crisis and put the family/organization and addicted individual on a solid course of recovery. Addiction Intervention Resources also offers several options for transportation assistance, including Escort to treatment center, Escort home from treatment center upon program completion, and Escort for facility-to-facility transfer.

### **ADULT CHILDREN OF ALCOHOLICS**

Website: [www.adultchildren.org](http://www.adultchildren.org)

Location: Torrance, CA 90510

Phone: 310-534-1815

General Description: A 12-Step program of recovery for individuals who grew up in an alcoholic or dysfunctional household. Send self-addressed, stamped, business-sized envelope to mailing address for info.

Mailing Address: P.O. Box: 3216

Torrance, CA 90510

### **ALCOHOLICS ANONYMOUS**

Website: [www.laocaa.org](http://www.laocaa.org)

Location: Los Angeles Central Office

4311 Wilshire Blvd. #104

Los Angeles, CA 90010

Phone: 323-936-4343; 800-923-8722 (24 hrs.)

General Description: Offers referrals to AA meetings all over Los Angeles County

## ***Substance Abuse Treatment***

### **ALCOHOLICS ANONIMOS (SPANISH)**

Location: 2607 S. Van Buren Pl.

Los Angeles , CA 90007

Phone: 323-735-2089

Fax: 323-735-2089

General Description: Referrals to Spanish-speaking AA meetings.

### **AMITY FOUNDATION EPIDAURUS**

Website: [www.amityfoundation.com](http://www.amityfoundation.com)

Location: c/o Resources Dept

3745 S. Grand Ave.

Los Angeles , CA 90082-0039

Phone: 213-743-9075

Fax: 213-743-9079

General Description: Provides Services to families & individuals who suffer from a variety of dysfunctional behaviors such as chemical dependency, anti-social or criminal behavior. Residential treatment program for men and women on parole.

### **ANTELOPE VALLEY REHABILITATION CENTERS**

Location: 38200 North Lake Hughes Road

Castaic CA,

Phone: (661) 257-2342

General Description: Residential short-term Substance abuse treatment (30 days or less), Residential Substance abuse long-term treatment (more than 30 days). Accept persons with co-occurring mental and substance abuse disorders, women, and men.

### **CANON HUMAN SERVICES CENTER**

Location: 9705 South Holmes Avenue

Los Angeles CA,

(323) 249-9097

General Description: Provides substance abuse treatment services, in outpatient and long-term residential (more than 30 days) programs.

### **CLARE FOUNDATION DROP-IN CENTER**

Website: [www.clarefoundation.org](http://www.clarefoundation.org)

Location: 911 Pico Blvd.

Santa Monica, CA 90404

Phone: 310-314-6215

Fax: 310-396-6974

General Description: Drop-in and referral services and support group meetings.

## ***Substance Abuse Treatment***

### **COCAINE ANONYMOUS-L.A.**

Website: [www.ca4la.org](http://www.ca4la.org)

Location: Central Office

P.O. Box: 45472

9100 Sepulveda Blvd.

Los Angeles , CA 90045

Phone: 310-216-4444; 800-347-8998 (National Referral Line)

General Description: Offers 12-Step, anonymous, self-help fellowship of men and women who share their experience, strength & hope to solve their common problems and help others to recover from their addiction.

### **COCAINE ANONYMOUS-SAN FERNANDO VALLEY**

Website: [www.sfvca.org](http://www.sfvca.org)

Location: Encino, CA 91416-8156

Phone: 818-760-8402

General Description: Offers 12-Step, anonymous, self-help fellowship of men and women who share their experience, strength & hope to solve their common problem & help others to recover from their addiction.

Mailing address: P.O. Box: 18156

Encino, CA 91416-8156

### **COCAINE ANONYMOUS-SAN GABRIEL/POMONA VALLEYS**

Website: [www.sgpvca.org](http://www.sgpvca.org)

Location: San Gabriel/Pomona Valleys

114 E. Joseph St.

Arcadia, CA 91006

Phone: 626-447-2887

General Description: Offers 12-Step, anonymous, self-help fellowship of men and women who share their experience, strength & hope to solve their common problem & help others to recover from their addiction.

### **CRI HELP**

Website: [www.cri-help.org](http://www.cri-help.org)

Location: 2010 N. Lincoln Park Avenue

Los Angeles, CA 90031

Phone: (323) 222-1440, Toll Free, 800-254-9808

Fax: (323) 222-1317

General Description: Drug and alcohol treatment through integrated detoxification, residential rehabilitation, outpatient, day treatment, aftercare and drug-free living opportunities offered in English and Spanish.

## *Substance Abuse Treatment*

### **CRYSTAL METH ANONYMOUS**

Website: [www.crystalmeth.org](http://www.crystalmeth.org), [www.cmainla.com](http://www.cmainla.com), [www.pacificareacma.com](http://www.pacificareacma.com)

Location: 8205 Santa Monica Blvd.

PMB 1-114

West Hollywood, CA 90046-5977

Phone: 213-488-4455

General Description: Fellowship of individuals who have had problems with crystal meth. Based on 12-Step tradition.

### **DARE U TO CARE**

Website: [www.dareutocare.com](http://www.dareutocare.com)

Location: 1435 South Figueroa Street

Los Angeles, CA,

Phone: (310) 515-5039

General Description:

A residential and outpatient drug and alcohol rehabilitation center.

### **DELANCY STREET**

Website: [www.delanceystreetfoundation.org](http://www.delanceystreetfoundation.org)

Location: 400 N Vermont Ave,

Los Angeles, CA 90004-3513

Phone: (323) 662-4888

General Description: Residential Mental Health and Substance Abuse Facilities with the stated goals to learn to lead a productive crime-free, drug-free life of purpose and integrity.

### **DIGNITY CENTER OF LOS ANGELES**

Website: [www.didihirsch.org](http://www.didihirsch.org)

Location: 12420 Venice Boulevard, Suite 200

Los Angeles CA 90066

Phone: (213) 385-3752

General Description: Provides mental health and substance abuse services in Los Angeles County, regardless of ability to pay.

### **HILLSMAN DRUG & ALCOHOL CENTER**

Location: 1440 E 41st St

Los Angeles, CA 90011

Phone: (323) 231-2585

General Description: Residential long-term treatment, accepts persons with co-occurring mental and substance abuse disorders.

## ***Substance Abuse Treatment***

### **HIS SHELTERING ARMS, INC. (WOMEN/CHILDREN'S PROGRAM)**

Location: 11101 S. Main Street

Los Angeles, CA 90061

Phone: (323) 755-6646

General Description: Residential recovery services for alcohol and drug addicted women, pregnant alcoholics, women with children up to 3 years of age.

### **MARIJUANA ANONYMOUS**

Website: [www.marijuana-anonymous.org](http://www.marijuana-anonymous.org)

Location: Van Nuys, CA 91404

Phone: 800-766-6779

General Description: Fellowship group of men and women who share experiences, strength and hope with each other to recover from Marijuana addiction.

Mailing Address: P.O. Box: 2912

Van Nuys, CA 91404

### **NARCOTICS ANONYMOUS**

Website: [www.na.org](http://www.na.org)

Location: Van Nuys , CA 91409-9999

Phone: 818-773-9999

Fax: 818-700-0700

General Description: International community organization of recovering addicts who meet regularly to help each other recover from the disease of addiction.

### **NARCOTICS ANONYMOUS-WESTSIDE**

Website: [www.na.org](http://www.na.org)

Location: P.O. Box: 343

12228 Venice Blvd.

Los Angeles , CA 90066

Phone: 310-390-0279

General Description: International community organization of recovering addicts who meet regularly to help each other recover from the disease of addiction.

### **NICOTINE ANONYMOUS**

Phone: 800-642-0666

General Description: Offers a 24-hr message service. Provides referrals to self-help groups for smokers based on 12-Step program model.

## ***Substance Abuse Treatment***

### **Oasis Womens Recovering Community**

Website: [www.oasiswrc.com](http://www.oasiswrc.com)

Location: 13832 Polk Street

Sylmar CA 91342

Phone: (818) 362-0986

General Description: Substance abuse treatment services for women.

### **OVERCOMERS OUTREACH**

Website: [www.overcomersoutreach.org](http://www.overcomersoutreach.org)

Location: Sylmar , CA 91392-2950

Phone: 800-310-3001

Fax: 818-833-1546

General Description: Referrals and worldwide Christian 12-Step recovery support groups dealing with addictive or compulsive behaviors.

Mailing Address: P.O. Box: 922950

Sylmar, CA 91392-2950

### **PEOPLE IN PROGRESS-MULTI-SERVICE CENTER**

Website: [www.peopleinprogress.org](http://www.peopleinprogress.org)

Location: 1636 Wilshire Blvd., 2nd Fl

Los Angeles, CA 90017

Phone: 213-413-9122

Fax: 213-413-9132

General Description: Provides counseling services, substance abuse services, residential treatment for substance abuse and welfare-to-work support services for low-income and homeless adults.

### **PHOENIX HOUSE VENICE**

Location: 503 Ocean Front Walk

Venice, CA 90291

Phone: 310-392-3070

General Description: Treatment program for men, located in a former hotel with two-or-three person bedrooms, on the boardwalk of the beach, with clear views of the Pacific Ocean.

### **PHOENIX HOUSE MONROVIA**

Location: 343 West Foothill Blvd.

Monrovia CA 91016

Phone: 626-357-8612

General Description: Treatment program for women, located in a two-story building in a friendly small-town neighborhood near the foothills of the San Gabriel Mountains.

## ***Substance Abuse Treatment***

### **PHOENIX HOUSE SANTA FE SPRINGS**

Location: 11015 South Bloominfield Avenue

Santa Fe Springs, CA 90670

Phone: 562-941-8042

General Description: Treatment program for women with young children, located in a spacious compound with a large playground and a serenity garden.

### **RAPE CRISIS CENTER**

Website: [www.valleytraumacenter.org](http://www.valleytraumacenter.org)

Location: Valley Trauma Center

7116 Sophia Ave.

Van Nuys , CA 91406

Phone: 818-756-5330

818-886-0453 (Hotline)

661-253-0258 (Hotline)

Fax: 818-756-5443

General Description: A 24-hr hotline for victims of sexual assault, abuse and molestation. Offers rape support groups, counseling for individuals and groups.

### **SALVATION ARMY BELL SHELTER**

Location: 5600 Rickenbacker Road

Bell, CA 90201

Phone: (323) 263-1206

General Description: Residential alcohol/substance abuse for addicted veterans and for single men and woman 18 years of age or over. Intake assessment required prior to entry. Accept persons with co-occurring mental and substance abuse disorders.

### **SEX ADDICTS ANONYMOUS**

Website: [www.sexaa.org](http://www.sexaa.org)

Phone: 213-896-2964

General Description: National 12-Step program encourages men and women participants to define their sexual sobriety through the boundaries of a "Sex Plan" which is evolved by working with other recovering members. Program for partners of sex addicts is called C.O.S.A.

### **SEXUAL COMPULSIVES ANONYMOUS**

Website: [www.sca-recovery.org](http://www.sca-recovery.org)

Location: Los Angeles, CA 90031

Phone: 310-859-5585

General Description: 12-Step program based on Alcoholics Anonymous; dedicated to helping individuals learn to deal with and recover from excessive and self-destructive patterns of sexual behavior.

## ***Substance Abuse Treatment***

### **SOS**

Website: [www.cfiwest.org/sos](http://www.cfiwest.org/sos)

Location: S.O.S. National Clearinghouse

4773 Hollywood Blvd.

Hollywood, CA 90027

Phone: 323-666-4295

Fax: 323-666-4271

General Description: S.O.S. is an alternative recovery method for alcoholics or drug addicts uncomfortable with spiritual content of the 12-Step programs.

### **UNITED WOMEN IN TRANSITION**

Location: Project Transition Rescue Center

9410 Western Ave.

Los Angeles, CA 90044

Phone: 323-779-2237

General Description: Walk in, outpatient counseling center providing mental health & substance abuse counseling services to individuals & their families.

### **WALDEN HOUSE**

Website: [www.waldenhouse.org](http://www.waldenhouse.org)

Location: 1355 S Hill St

Los Angeles, CA 90015

Phone: (213) 763-6220

General Description: Residential substance abuse treatment with additional behavioral health services.

## ***Sober Living Referral Resources***

### **THE SOBER LIVING NETWORK**

Website: [www.soberhousing.net](http://www.soberhousing.net)

Location: Santa Monica, CA 90409

Phone: 310-396-5270; Referral Hotline: 800-799-2084 (9am-7pm)

### **LOS ANGELES COUNTY SOBER LIVING COALITION**

Phone: 323-924-7155

### **CALIFORNIA ASSOCIATION OF ADDICTION RECOVERY RESOURCES**

Phone: 919-338-9460

### **COMMUNITY SOBER LIVING (SAN FERNANDO VALLEY)**

Phone: 818-893-4365